



PUDDLEDUCKS DAY NURSERY

SPRING/SUMMER MENU

LUNCH

WEEK TWO	Main Course	Side dish	Dessert	Drink
Monday	Roast turkey and gravy Quorn	Potatoes, peas and carrots	Yoghurts with fresh or dried fruit	Milk or water
Tuesday	Chicken and chickpea curry Chickpea curry	Brown rice	Yoghurts with fresh or dried fruit	Milk or water
Wednesday	Sausage casserole Quorn	Sweet corn and broccoli	Yoghurts with fresh or dried fruit	Milk or water
Thursday	Beef bolognaise Beefless bolognaise	Brown pasta	Yoghurts with fresh or dried fruit	Milk or water
Friday	Chicken and vegetable pie Veggie pie	New Potatoes	Yoghurts with fresh or dried fruit	Milk or water

TEA

WEEK TWO	Nursery tea	Side dish	Dessert	Drink
Monday	Jacket potatoes	With cheese	Yoghurts with fresh or dried fruit	Milk or water
Tuesday	High tea	A variety of tea items	Yoghurts with fresh or dried fruit	Milk or water
Wednesday	Pesto Pasta	Tomato and cucumber	Yoghurts with fresh or dried fruit	Milk or water
Thursday	Baked beans	On toast	Yoghurts with fresh or dried fruit	Milk or water
Friday	Sliced ham Quorn slices	Soldiers, sliced peppers and tomatoes	Yoghurts with fresh or dried fruit	Milk or water

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BREAKFAST

WEEK TWO	Breakfast	Drink
Monday	Weetabix with milk Dried apricots	Milk or water
Tuesday	Porridge with milk Raisins Wholemeal toast	Milk or water
Wednesday	Shreddies with milk Strawberries Bagels	Milk or water
Thursday	Cheerios with milk Croissants Sliced apple	Milk or water
Friday	Rice crispies with milk Toasted teacake	Milk or water

SNACK

WEEK TWO	Morning Snack	Afternoon Snack	Drink
Monday	Pitta and cucumber	Breadsticks with cheese and pineapple	Milk or water
Tuesday	Rice cakes and bananas	Crackers with cheese spread	Milk or water
Wednesday	Scotch pancakes with grapes	Toasted teacakes	Milk or water
Thursday	Malt loaf	Crackers with Melon	Milk or water
Friday	Breadsticks and raisins	Muffin and dried apricots	Milk or water

