



PUDDLEDUCKS DAY NURSERY

SPRING/SUMMER MENU

LUNCH

WEEK THREE	Main Course	Side dish	Dessert	Drink
Monday	Quorn savoury mince	Mashed potatoes and vegetables	Yoghurts with fresh or dried fruit	Milk or water
Tuesday	Roast gammon and gravy	Roast potatoes, carrots and brocolli	Yoghurts with fresh or dried fruit	Milk or water
Wednesday	Chicken and broccoli crumble Veggie crumble	New potatoes and peas	Yoghurts with fresh or dried fruit	Milk or water
Thursday	Macaroni Cheese	Sweetcorn	Yoghurts with fresh or dried fruit	Milk or water
Friday	Sweet and sour chicken Vegetarian sweet and sour	Brown rice	Yoghurts with fresh or dried fruit	Milk or water

TEA

WEEK THREE	Nursery tea	Side dish	Dessert	Drink
Monday	Cheese and tomato pizza	Garlic bread	Yoghurts with fresh or dried fruit	Milk or water
Tuesday	Mini sausages with cheese cubes Quorn	Cherry tomatoes and carrot sticks	Yoghurts with fresh or dried fruit	Milk or water
Wednesday	Fish fingers Vegetable fingers	Spaghetti hoops	Yoghurts with fresh or dried fruit	Milk or water
Thursday	High Tea	A variety of tea items	Yoghurts with fresh or dried fruit	Milk or water
Friday	Cheese and tomato pasta	Breadsticks	Yoghurts with fresh or dried fruit	Milk or water



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BREAKFAST

WEEK THREE	Breakfast	Drink
Monday	Weetabix with milk Dried apricots	Milk or water
Tuesday	Porridge with milk Raisins Wholemeal toast	Milk or water
Wednesday	Shreddies with milk Strawberries Bagels	Milk or water
Thursday	Cheerios with milk Croissants Sliced apple	Milk or water
Friday	Rice crispies with milk Toasted teacake	Milk or water

SNACK

WEEK THREE	Morning Snack	Afternoon Snack	Drink
Monday	Crackers and marmite	Scotch pancakes and grapes	Milk or water
Tuesday	Malt loaf	Rice cakes and melon	Milk or water
Wednesday	Rice cakes and grapes	Bagel and carrot sticks	Milk or water
Thursday	Pitta and cucumber sticks	Breadsticks and raisins	Milk or water
Friday	Rice cakes and bananas	Fruit snack and crackers	Milk or water